

# Compost Guide

A Local Service with a  
Global Mindset



## Yay

### All Food Scraps

- ✓ Fruits and Veggies
- ✓ Egg Shells
- ✓ Coffee Grounds, Filters
- ✓ Tea Leaves (no metal staples or plastic bags)
- ✓ Bread, Nuts, Grains
- ✓ Dairy, Oil
- ✓ Fish, Shellfish Scraps and Shells
- ✓ Meat, Bones

### Paper

- ✓ Napkins/ Paper Towels (Free of Any Cleaning Agents or Chemicals)
- ✓ Shredded/ Torn up Paper + Newspaper (Matte and Uncoated Only)
- ✓ Matte, Uncoated Cardboard (Free of Tape, Stickers, or Glue Residue)
- ✓ Matte Pizza Boxes (No parchment paper)
- ✓ BPI Certified Compostable-ware (bags, utensils, cups, etc.)

## Nay

### Plastic

- ✗ Veggie/Fruit Stickers

### Plants

- ✗ Diseased Household Plants, Commercially-grown Flowers
- ✗ Yard Trimmings/Plants Treated With Chemicals

### Paper

- ✗ Toilet Paper and Tissue
- ✗ Any Type of Coated Paper (i.e. Receipts)

### Other

- ✗ Pet or Human Waste
- ✗ Chemicals, Synthetic Materials
- ✗ Cleaning Products
- ✗ Plastic, Glass, Metal

Sustainable Waste Management | Consulting | Public Speaking Engagements | On-Site Seminars



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